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MINISTRY OF HEALTH AND WELFARE

The implementation and challenge of the Long-Term Care 2.0 program in Taiwan

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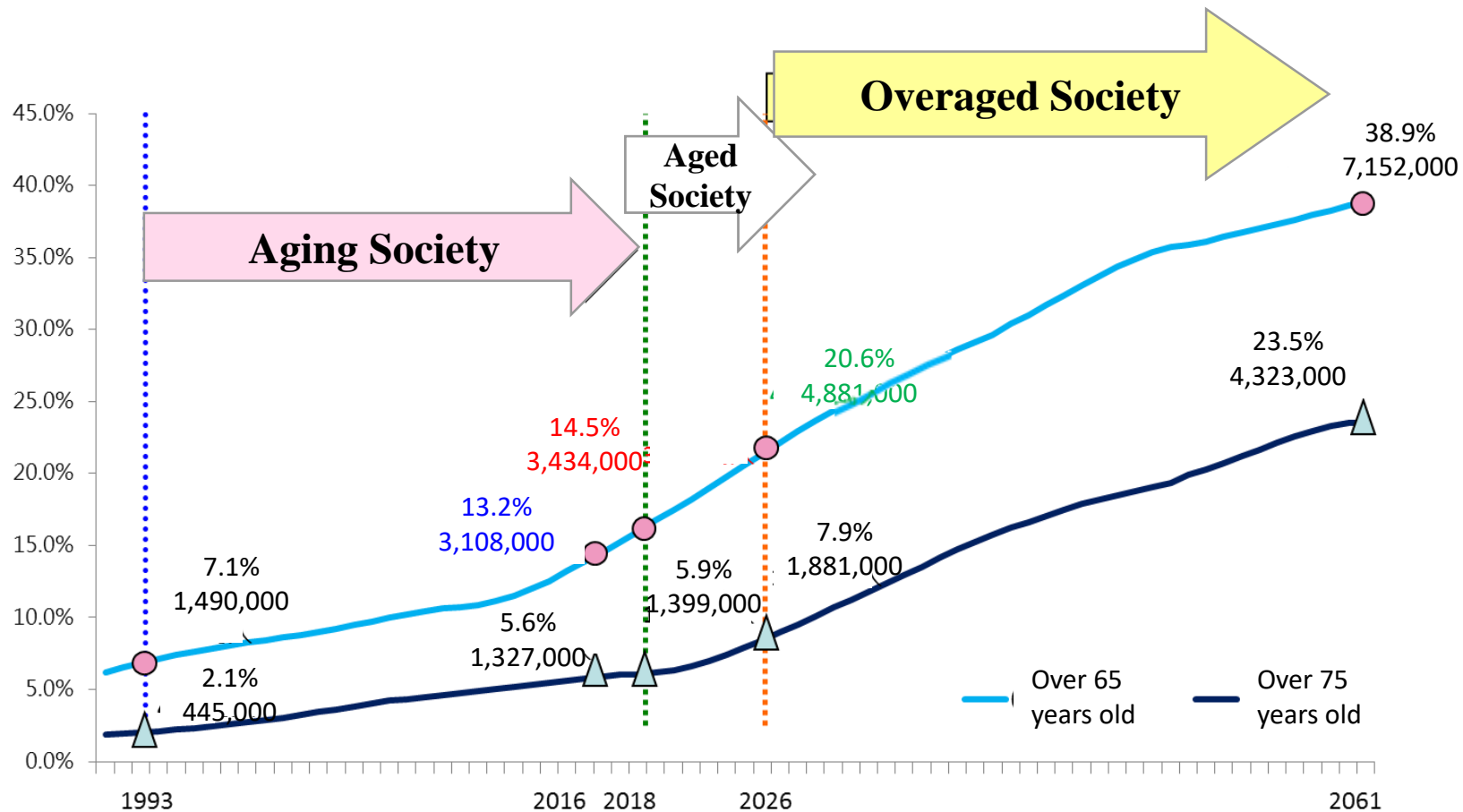
Outline

- **Background**
- **Services**
- **Innovations**
- **Services for Indigenous People**

Rapidly Aging Population



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Note: Population figures after 2018 are estimated figures

Data source:

1. National Development Council (2016) Population estimate of Taiwan (2016-2061) , <http://goo.gl/d4kckk>
2. Department of Statistics (2016) Monthly report of the Interior Statistics Jan-Nov, <http://goo.gl/05L1A4>
3. Ministry of Interior

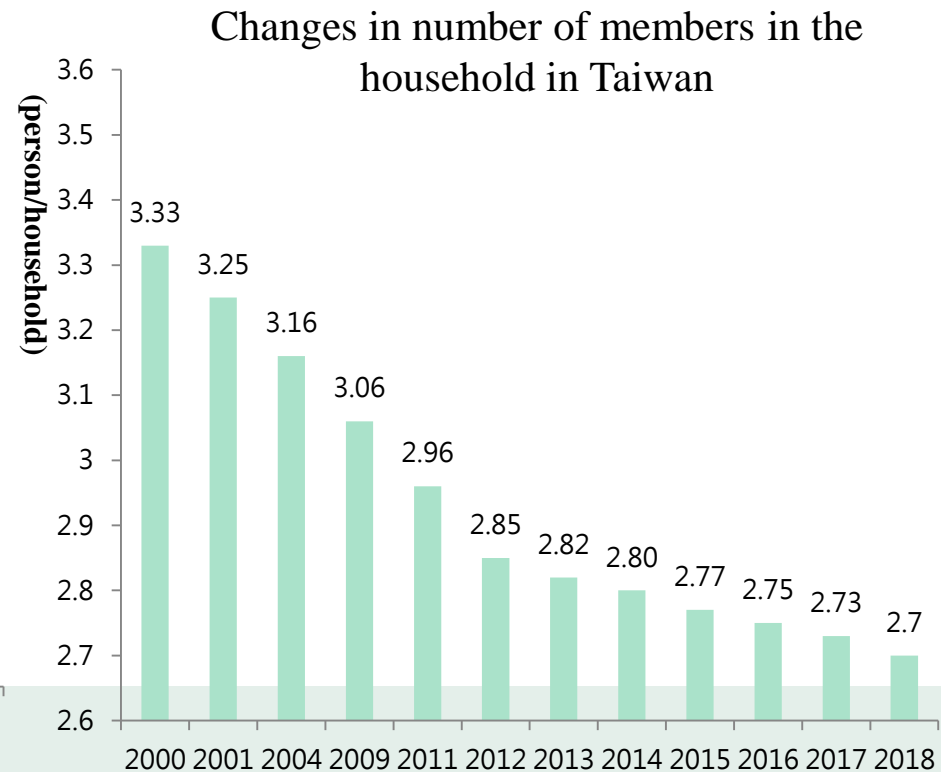
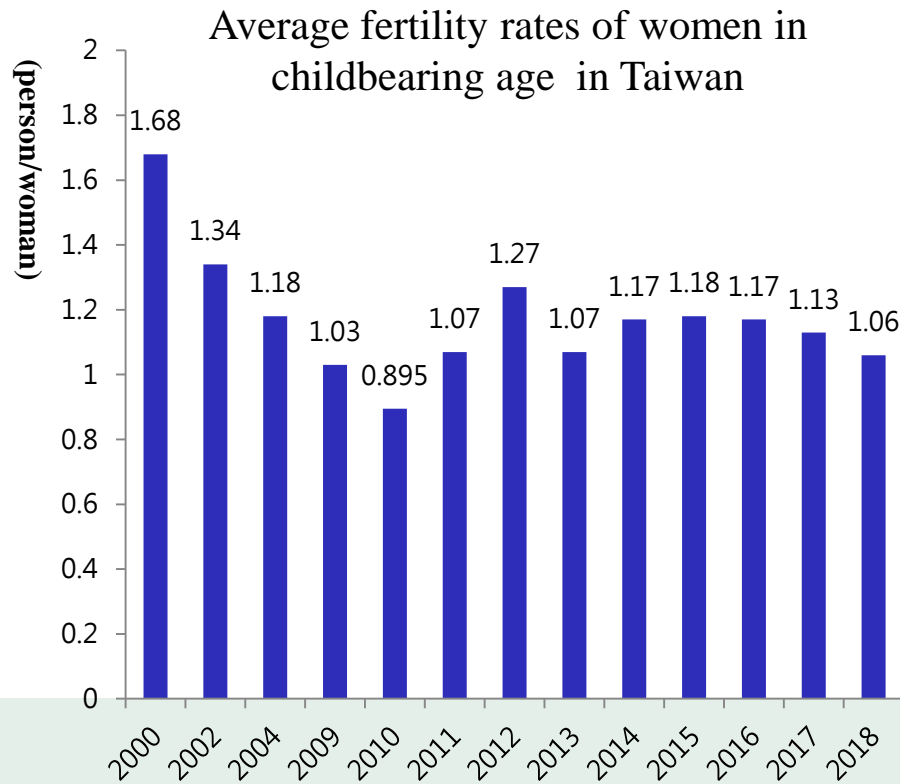
Changes in Family Structure



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➤ Changes in family structure resulted in less caregivers in the family

- Average fertility rate is 1.06 persons, with number of members per household at 2.7 persons

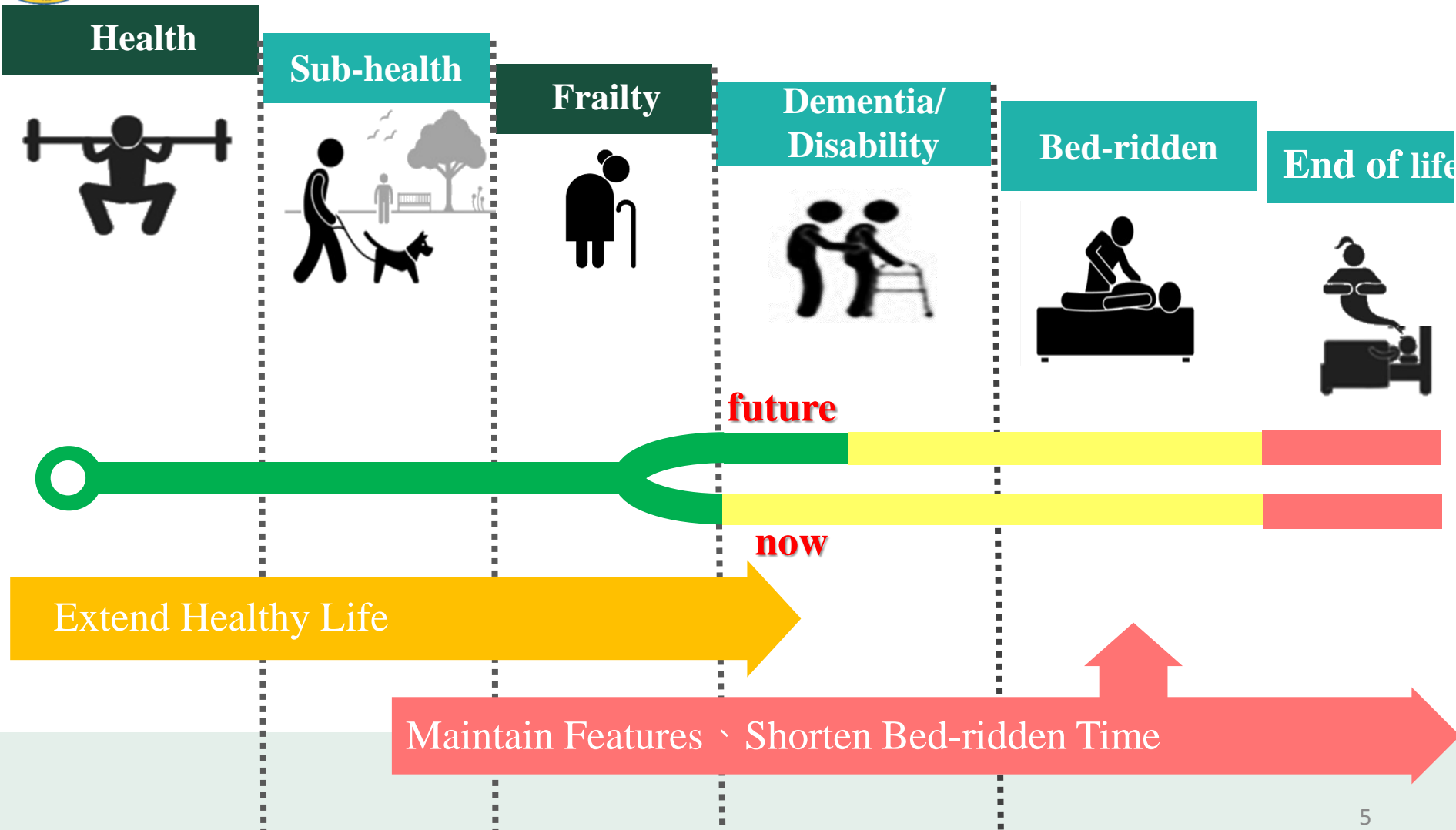


Data source: Ministry of Interior



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Goals of LTC 2.0





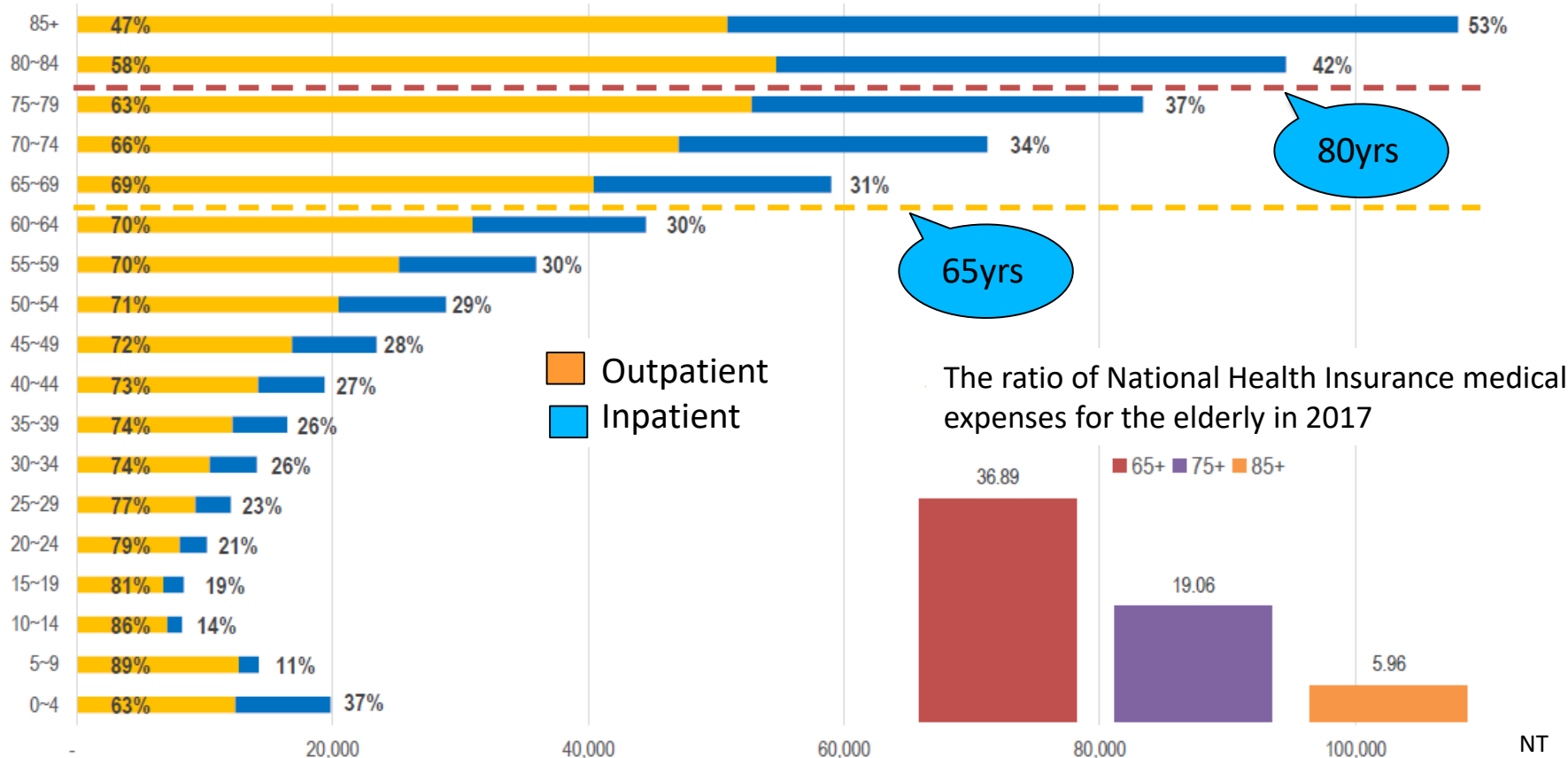
- Taiwan implemented National Health Insurance covers since 1995, covering most elderly care.
- The strategies of long-term care
 - Aging in place
 - Establish an accessible, affordable, universal long-term care service system with quality.
 - Disability prevention.
 - Chronic disease management & reablement intervention

The average National Health Insurance medical expenses per person in 2017



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- ◆ The National Health Insurance medical expenses for each person over the age of 10 gradually increase with age, and increase rapidly over the age of 65.
- ◆ The rate of hospitalization expenses over the age of 80 has increased significantly.



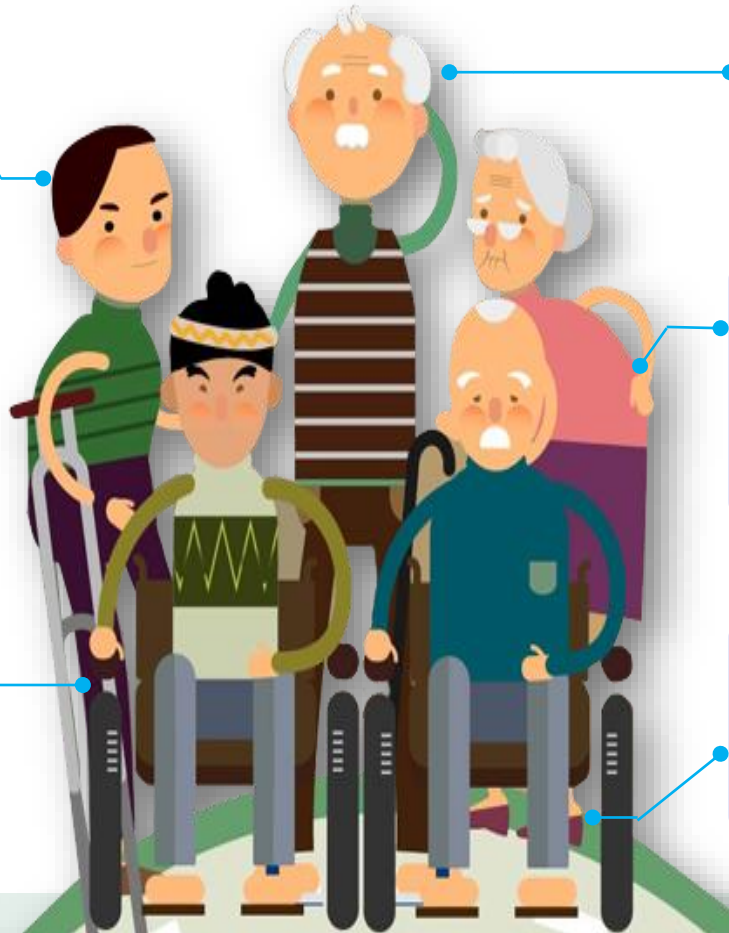
Target service recipients



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Citizens with mental or physical disability and that with physical or mental incapacity

Indigenous people aged over 55 with physical or mental incapacity



People with dementia aged over 50

Living-alone or frail senior citizens aged over 65 who only require assistance with IADLs

Senior citizens aged over 65 with physical or mental incapacity

Services of LTC 2.0



Long-term care

Community Senior Centers

Programs for prevent or delay disability and dementia

- Home care
- Transportation
- Home nursing care
- Reablement
- Day care
- Institutional care

Support service centers for family caregivers

Health care



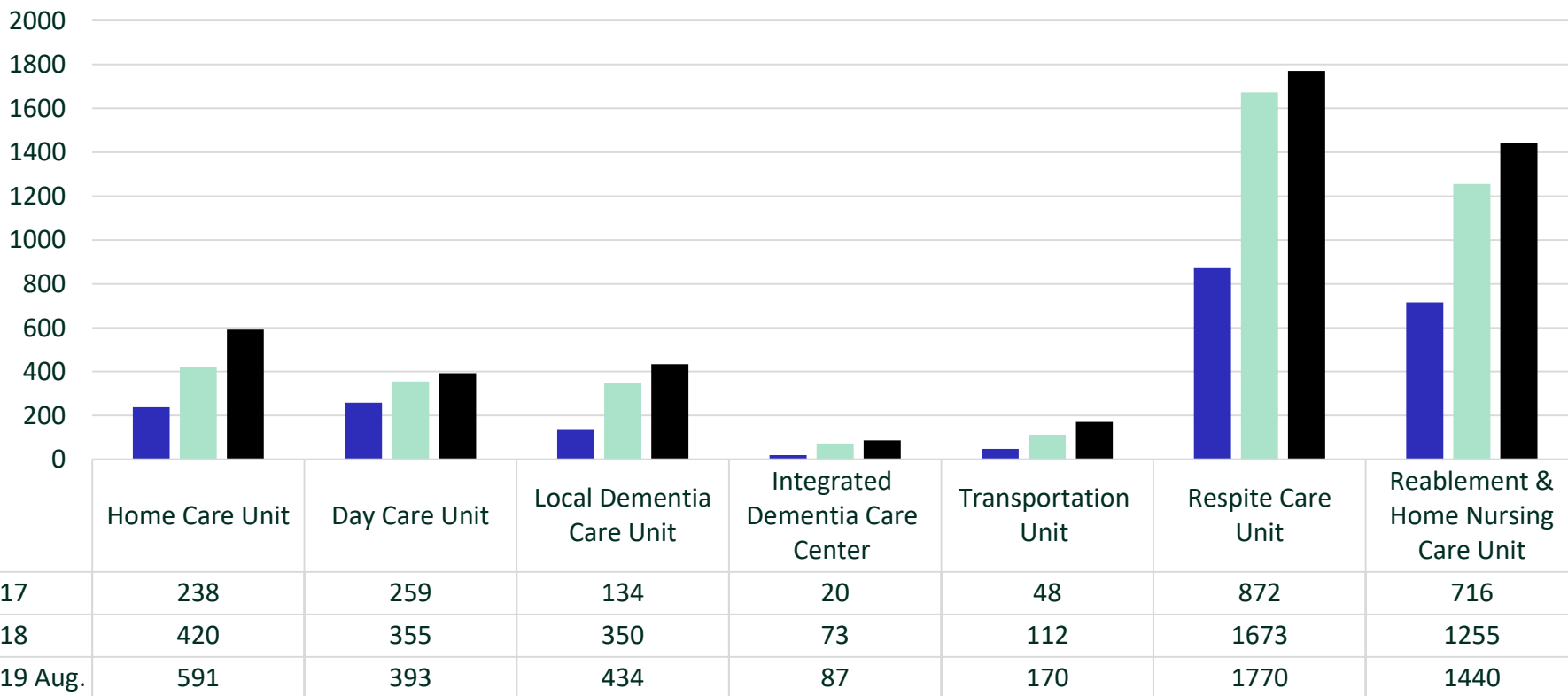
Chronic diseases management

Palliative Care

Constructing the community care services



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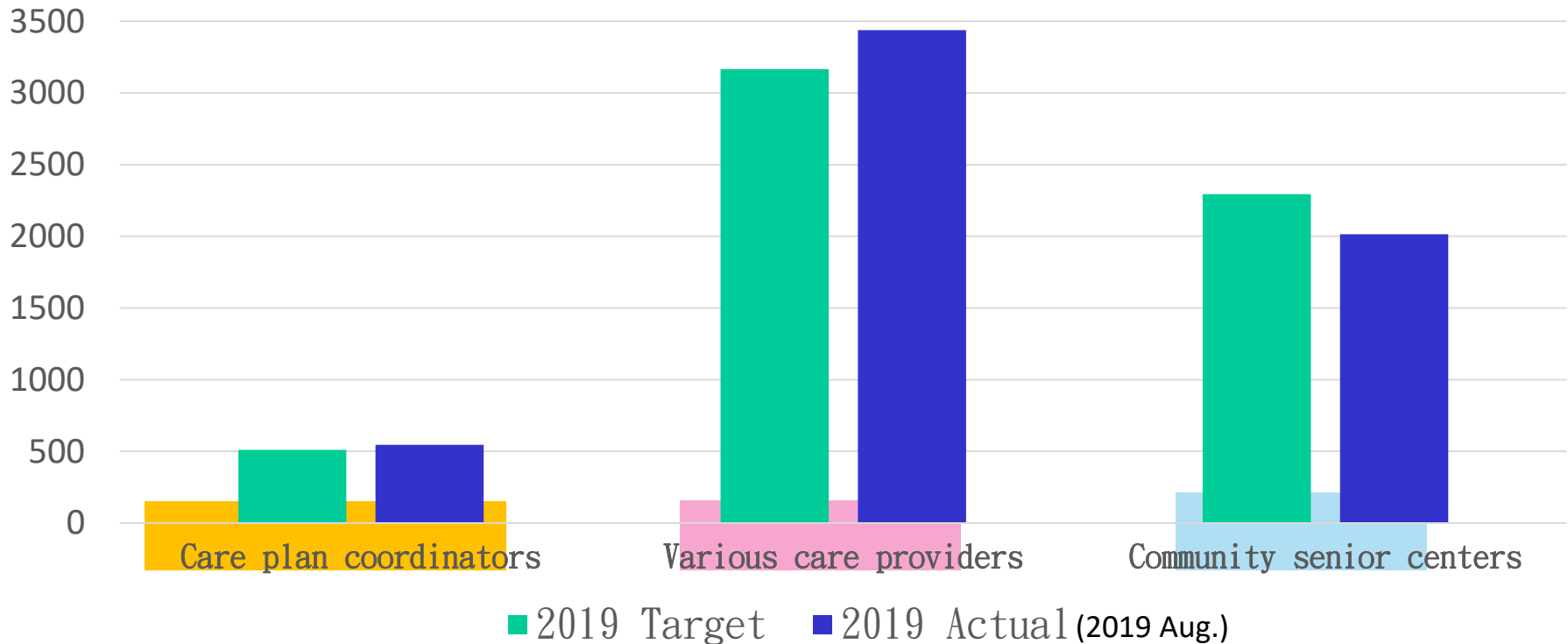
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Source : each city

Accessible Comprehensive Care System



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Tier A – Care plan coordinators			Tier B– Various care providers			Tier C – Community senior centers		
2019 TARGET	2019 ACTUAL	Achievement rate (%)	2019 TARGET	2019 ACTUAL	Achievement rate (%)	2019 TARGET	2019 ACTUAL	Achievement rate (%)
511	580	114%	3,166	4,383	138%	2,294	2,412	105%

Payments and benefits system

According to LTC payments and benefits standards

For home/community-based LTC services

* Exclude of the user of institutional residential LTC services



Physical and daily life care /health-care services

Paid monthly
(Depends on disabled levels)
US 334-1,173

General:
Payment amount*Co-payment 16%

Medium-low income households:
Payment amount*Co-payment 5%



Transportation services

Paid monthly
(Depends on disabled levels)
US 56-80

General:
Payment amount*Co-payment 21-30%

Medium-low income households:
Payment amount*Co-payment 7-10%
(Depends on distances)



Auxiliary appliance services

Paid every 3 years
US 1,333

General:
Payment amount*Co-payment 30%

Medium-low income households:
Payment amount*Co-payment 10%



Respite care services

Paid yearly
(Depends on disabled levels)
US 1,078-1,617

General:
Payment amount*Co-payment 16%

Medium-low income households:
Payment amount*Co-payment 5%

*The government gives all allowance on low income households

Sources of the budgets



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- Set up a **special fund** for providing long-term care services.
 - Estate and gift tax
 - Tobacco and alcohol tax
 - Government budgets
 - Health and welfare surcharge on tobacco
 - Donation income
 - Interest income from the fund
 - Other income.
- The budget of the LTC special fund in 2019:
 - 1.13 billion US dollars



Service delivery system of LTC 2.0

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When people have LTC needs...

Hospitalized

In community



Discharge planning services

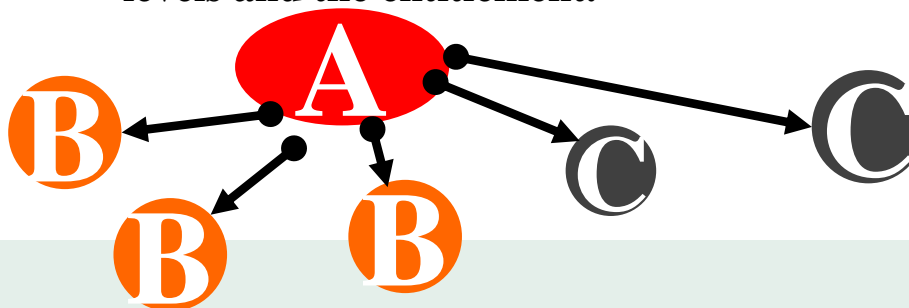
LTC management centers in local government

Call 1966 

Care managers

Evaluate the LTC needs of individual applicant, to determine disability levels and the entitlement.

- A: Care plan coordinators
- B: Various care providers
- C: Community senior centers



Provide LTC service



Long-Term Care Service Facility Signage

Establishing Community Care Stations



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- ❑ Ministry of Health and Welfare has been working proactively with civil groups and local governmental offices to set up Community Care Stations since May 2005.
- ❑ The main objective is to leverage local manpower and resources with support from local community to provide primary preventive cares for the senior.
- ❑ With the care from local community, the senior can engage closely with society and live in familiar environments.



Components of Community Care Stations



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blend into local culture



expert



Taiwanese opera

service connotation

Greeting calls



Home visits



Community enterprise



-Red bean miso

Diversification of Activity



e-Learning



Life Review



Food services



Health promotion activities

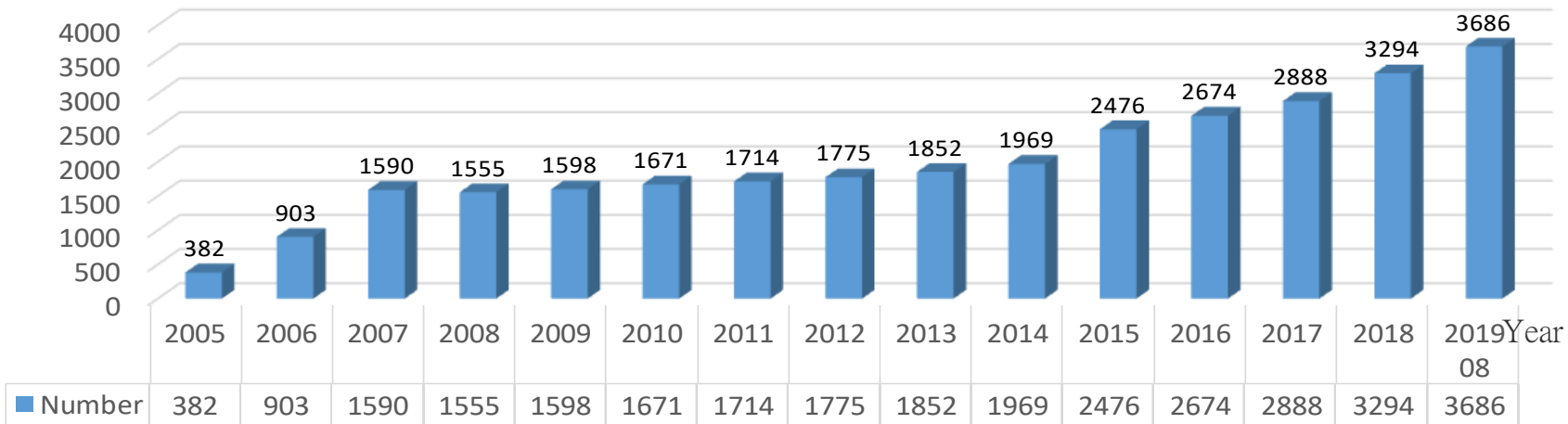


-starfruit juice



Number of Community Care Stations

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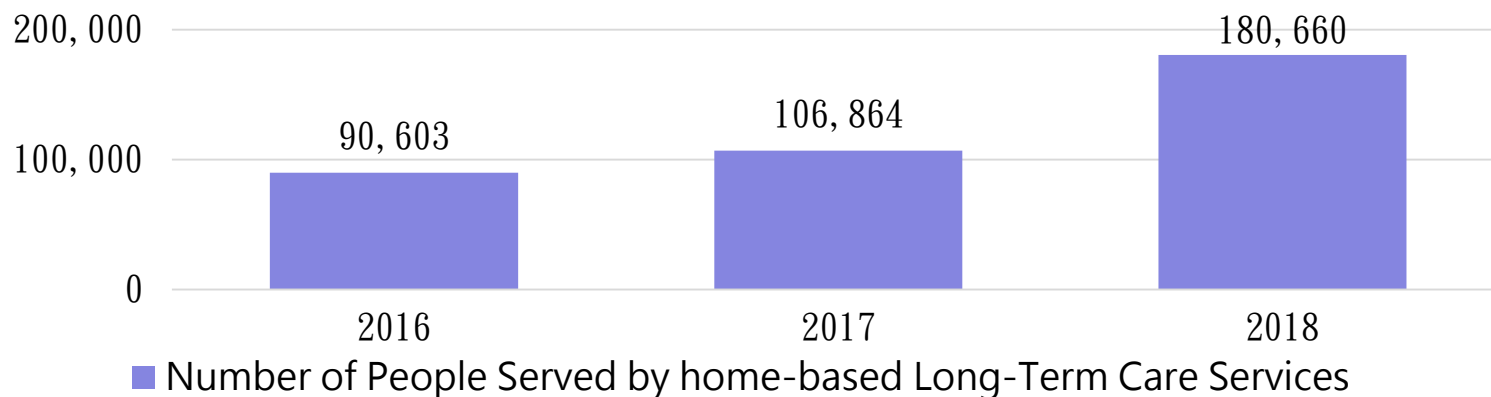




Utilization of the LTC services

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- Total Number of People Served by home-based Long-Term Care Services increased



	2016	2017	2018
Number of People	90,603	106,864	180,660
Growth rate(%)	-	17.95	69.06

284,363 people served by LTC Services from 2018 to 2019 Aug.

Innovations-

Reablement Service Project



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■ Service content

1. Object : Discharge cases with intensive reablement needs.
2. Procedure : Evaluate before discharge, and provide reablement services at home.

Client

- Enhance protential
- Functional capacity
- Relearn the skills to keep them independency



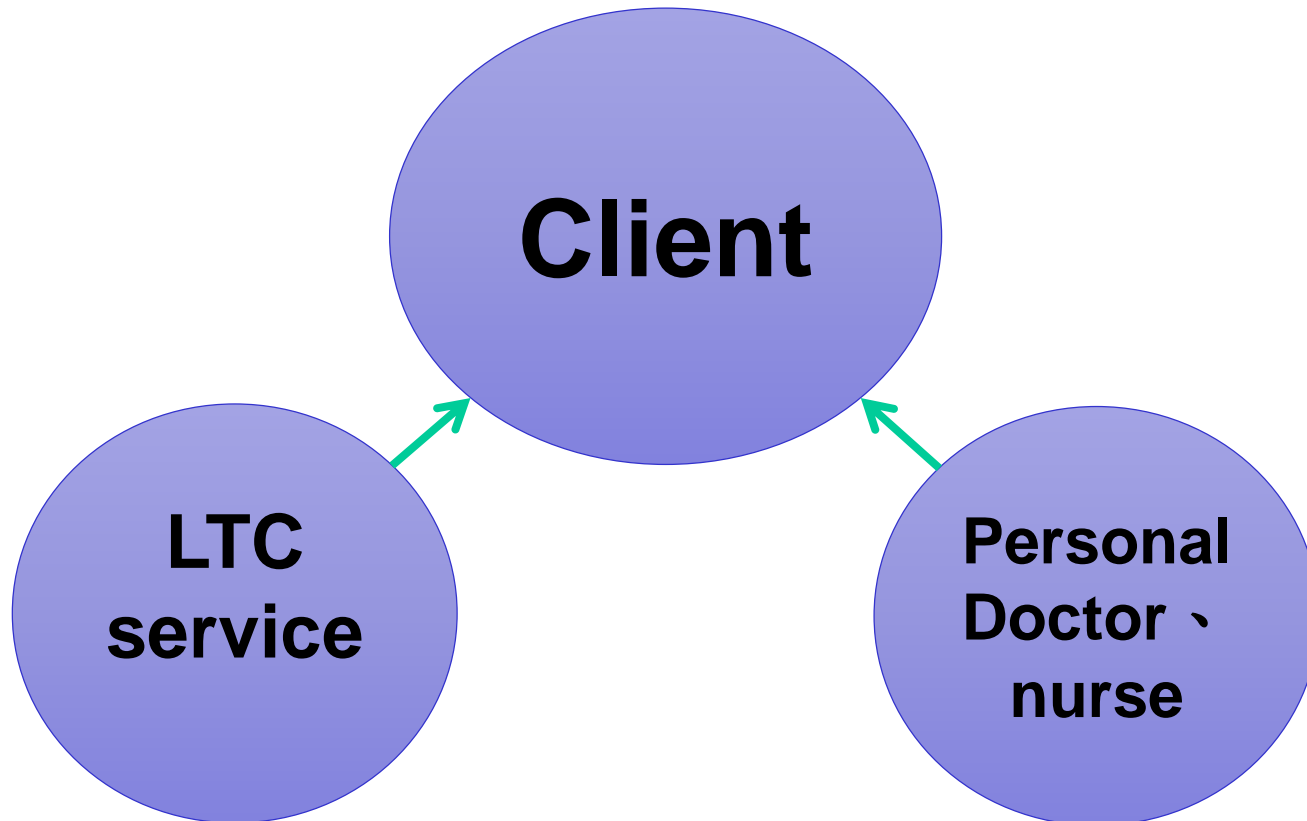
Team member

- Transdisciplinary team approach
(ex: OT, PT, ST, Nurse, Dr. Care givers)
- Restorative care
- Coaching

Innovations- Home-based Disabled Cases Health Management Program



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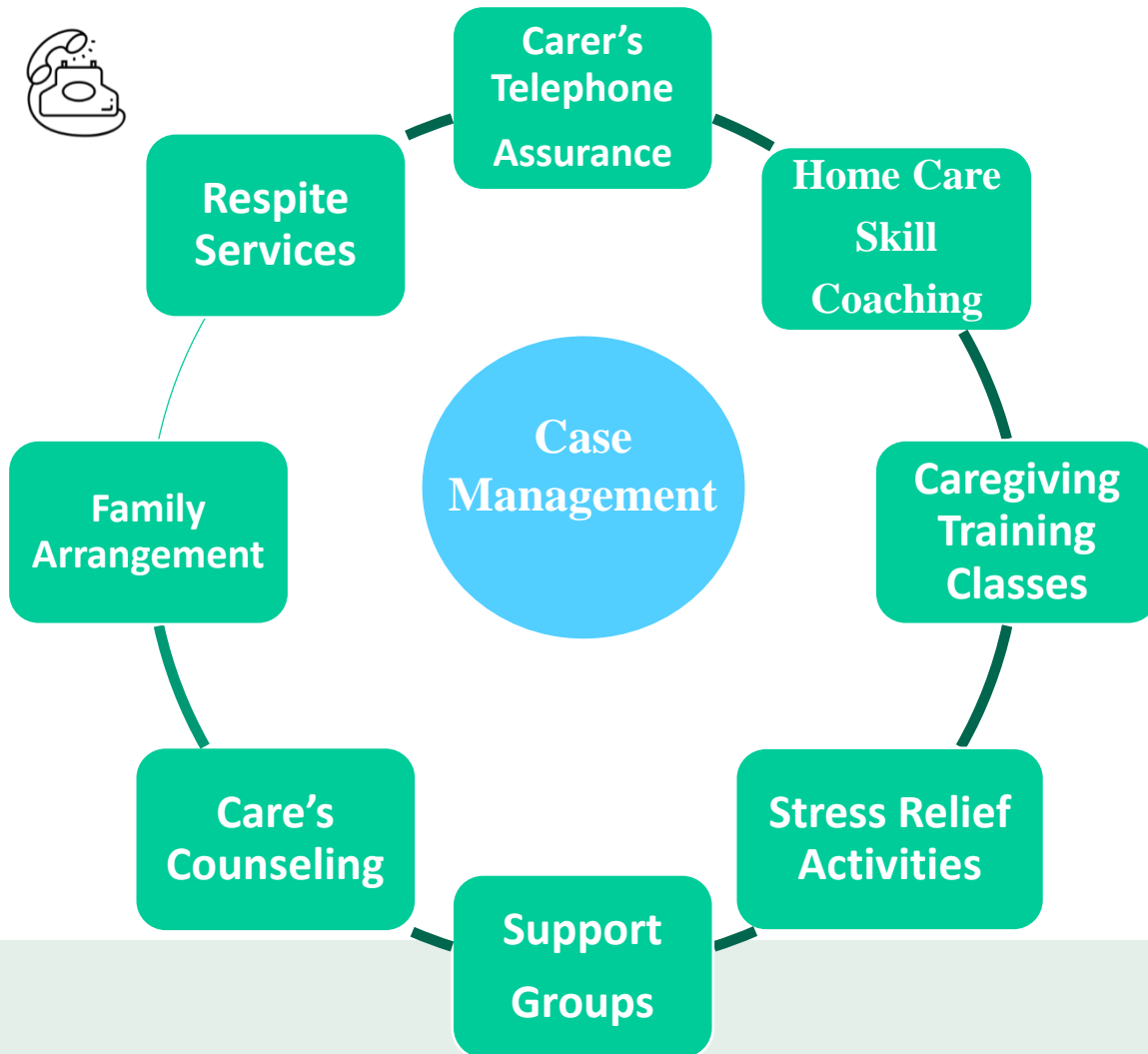


Innovations-

Supportive services to family caregivers



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Services for Indigenous People



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LTC Service Center in Indigenous Districts

(Diversified service in one place)

Taoyuan City
-Fuxing District

Taichung City
-Heping District

Yilan County
-Nanao Township

Chiayi County
-Alishan Township

Pingtung County
-Laiyi Township

➤ Providing additional payment for services of the indigenous districts.

➤ LTC Integrated Service in Indigenous Districts Pilot Project

■ Objective :

Provide services with diversity at a community senior center to achieve the goal of aging-in-place in the indigenous areas.

■ Items of Service :

1. Day care
2. Temporary accommodation at night
3. Rehabilitation & Reablement
4. Transportation
5. Respite care
6. Home care



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Thanks for your listening!

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Welfare



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